

# Bridge to Terabithia – Talking About Grief & Remembering

## Theme 1: It's okay to feel sad and miss someone you love

When someone we care about dies, our hearts can feel very heavy. We might cry, feel confused, or even feel angry. All those feelings are normal, and it's okay to talk about them with people we trust.

### Questions to Talk About:

- How did Jess feel when he found out about Leslie?
- Have you ever missed someone or a pet who wasn't here anymore? How did you feel?
- What are some ways you can let your feelings out when you're sad? (crying, talking, drawing, hugging someone)

## Theme 2: We can keep their memory alive in special ways

Even though someone isn't with us anymore, we can remember them through stories, doing the things we enjoyed together, or creating something beautiful to honor them—just like Jess kept Terabithia alive in his heart.

### Questions to Talk About:

- How did Jess remember Leslie after she was gone?
- If you wanted to remember someone special, what could you do? (share stories, make something, visit a favorite place)
- Can you think of a happy memory you have of someone you miss?